



# PAMIR PRIVATE SCHOOL

## Anti- Bullying Policy



### Academic Year 2021-2022

Written by:	<b>Ms. Sally David-Ty</b> <b>Primary Coordinator</b>	Reviewed:	<b>March 2021</b>
Endorsed by:	<b>Ms. Azooora Sudheer</b> <b>Academic Coordinator</b> <b>Mr. Muhammad Zahid Azeem</b> <b>Principal</b>	Next Review:	<b>Sept. 2021</b>
Approved by:	<b>School Officials</b>		

## **Anti-Bullying Policy**

### **Introduction:**

We commit ourselves to provide an environment where all students feel safe and protected from harm. This policy provides a set of guiding principles to promote a safe, caring, and happy e-Learning and Face to Face environment for all members of our school community; to ensure that all students become confident, self-motivated, secured of any online threats, and become independent lifelong learners.

Through our school program and awareness, we will use our teaching time to raise student awareness of our zero-tolerance for all bullying behavior, how to deal with a bully, and what avenues of support are provided within the school if one is a victim. In the case of cyber-bullying, the school will provide cyber-bullying safety strategies and internet support materials particularly in Information Technology classes and throughout the curriculum.

### **Definition of bullying:**

Bullying is the use of aggression with the intention of hurting another person be it online and in Face and face Session. Bullying results in pain and distress to the victim.

Bullying can be:

- Emotional – Being unfriendly, excluding, and tormenting e.g. threatening gestures.
- Physical – pushing, kicking, hitting, punching, or any use of violence.
- Verbal – name-calling, sarcasm, spreading rumors, teasing
- Racist – racial taunts, graffiti, gestures.
- Sexual – unwanted physical contact or sexually abusive comments.
- Homophobic – because of, or focusing on the issue of sexuality.

It can take in the form of cyber bullying either over the internet or via mobile phones

### **Objective:**

- To ensure that all students, parents, and staff are aware of the above definition of bullying and the distressing effect it has on its victims.
- To ensure that all students, parents, and staff are fully aware of the referral procedures for reporting bullying incidents and the strategies adopted for supporting those involved in these incidents.
- To establish a climate in which students who are bullied, or think another student is being bullied, can speak freely to an appropriate staff member with the full knowledge that they will be listened to and receive a prompt, appropriate and sensitive response.

- To create a community where bullying is recognized as unacceptable and where all students feel valued, secure, and happy.

### Schools' Role:

- Provide access to the anti-bullying policy to all members of the school community, via the school website.
- Involve staff, parents, in supporting the procedures initiated across the school.
- Ensure that the staff work within the guidelines of the policy.
- Provide support and guidance to targets of bullying.
- Provide intervention with individuals who bully others.

### Teachers' Role:

- Model anti-bullying attitudes and behavior.
- Take responsibility for the anti-bullying awareness and monitoring in classes.
- Listen and respond to reports of bullying, provide support and refer as needed.

### Parents' Role:

- Maintain open and transparent communication towards children at home.
- Support the values of tolerance and respect at home.
- Encourage the child to exercise these values in all contexts including at school.
- Report bullying and encourage the child to do so.
- Provide support and encourage your child to seek help.

### Students' Role:

To prevent bullying students need to:

- Work to create a happy school environment for all.
- Respect themselves and others.
- Learn to tolerate and accept individual differences.
- Stand up and speak up against bullying behavior.
- Support the school policy on bullying.
- Avoid talking to strangers

If you are bullied YOU need to:

- Tell the bully to stop.
- Seek help and talk about it to someone you trust.
- Report it to a teacher.
- Try not to show you are upset - this is hard but a bully thrives on someone's fear.
- Stay with a group of friends/people - there is safety in numbers.

- Do not fight back as it may make matters worse; however, if you decide to fight back, talk to a teacher or parent first.

In cyber bullying YOU need to:

- Tell a trusted adult about the bullying.
- Do not open or read messages from cyber bullies.
- Report it to a teacher or to someone you trust.
- Do not erase the messages - they may be used to take action.
- Protect yourself - never agree to meet face to face with anyone you meet online.
- Block bullies on messaging websites.
- Always make sure your privacy settings are tight.

## Procedures:

Steps were taken to support and respond to the needs of both bullied and bullying pupils.

- The incident/incidents are reported to Discipline In-charge.
- In serious cases of bullying, the incident will be recorded by a member of SLT.
- In serious cases, parents should be informed and may be asked to come to a meeting to discuss the problem.
- Minor incidents will be dealt with by the class teacher.
- Investigation.
- Feedback to those concerned.
- In serious cases, the Principal and the Discipline Committee in charge will decide on the severity of punishment.
- If necessary and appropriate the UAE law will prevail.

## Interventions:

- All children must know the school rules.
- Quality time and assemblies are it online or face to face learning is used to promote a positive ethos and therefore reduce the number of incidents of bullying.
- Teachers and School Council promote awareness of the anti-bullying message across the school.
- All staff teaches e-safety lessons regularly, covering a wide range of aspects of cyber bullying.
- When incidents of bullying occur both the victim and the bully will receive support from the school.
- If possible, the pupils will be reconciled id in school community.

## Applicability of the Policy:

This policy applies to all members of our school community, which includes students, teaching and non-teaching staff, parents, and visitors of the school.

## **Related Policy:**

Student Behavior Management E-Learning Policy  
Digital Media Policy  
Discipline Policy  
Child Protection and Health Policy

## **Monitoring and Review:**

The Senior Leadership Team will monitor and evaluate the outcomes of this policy to ensure that our students are taught the importance of respect and support anti-bullying. This policy will be reviewed every 6 months, or more often if necessary, due to changes in regulations or circumstances.

**C O N F O R M E:**

**We understand the Anti-Bullying Policy.**

**We accept and we will adhere to every rule about it.**

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**Parents Name and Signature**

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**Student Name**

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**Class**

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**Date**

